Nutritional Standards for Foods Sold in U.S. Schools

DATE: **February 12, 2015**

PRODUCT: **Champion Raisels® - No Sugar Added**

No sugar added Superlicious Raisels® are based on United States Department of Agriculture (USDA) Food and Nutrition Service's (FNS) standard, and allowable/acceptable on all meal feeding programs as a "dehydrated fruit with no added nutritive sweeteners or sugars" (USDA 2015). The only sugar in the no sugar added Superlicious Raisels® is the natural occurring low to moderate Glycemic Index glucose and fructose monosaccharide sugar's from the Thompson Seedless Raisin *Vitis vinifera* (Kim and others 2008).

This product is packed in an allergen free facility. This follows according to the Food and Drug Administration's (FDA) list of the top 8 allergens (FDA 2015).

If there are any questions in regards to these issues, please feel free to contact me at 559-834-5981.

Quinn Zweigle, MS, CFS
Research & Development Director

United States Department of Agriculture Food and Nutrition Service: Nutrition Standards for All Foods Sold in School [Internet]. Washington, D.C., United States Department of Agriculture; c2015 [Accessed 2015 January 12]. Available from: http://www.fns.usda.gov/sites/default/files/allfoods_summarychart.pdf.

United States Food and Drug Administration: Food Allergen Labeling and Consumer Protection Act of 2004 (Public Law 108-282, Title 2) [Internet]. Washington, D.C., United States Food and Drug Administration; c2015 [Accessed 2015 January 12]. Available from: http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/Allergens/ucm106187.htmhttp://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/Allergens/ucm106187.htm.

Kim Y, Hertzler SR, Byrne HK, Mattern CO. 2008. Raisins are a low to moderate glycemic index food with a correspondingly low insulin index. Nutrition Research 28:304-308.